# Preventing Teenage Pregnancies among Internally Displaced Persons in Cameroon.

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#### Aims

Present a summary of a research on teenage pregnancy among IDP population

Make proposals on preventive measures



## **Operational Context**

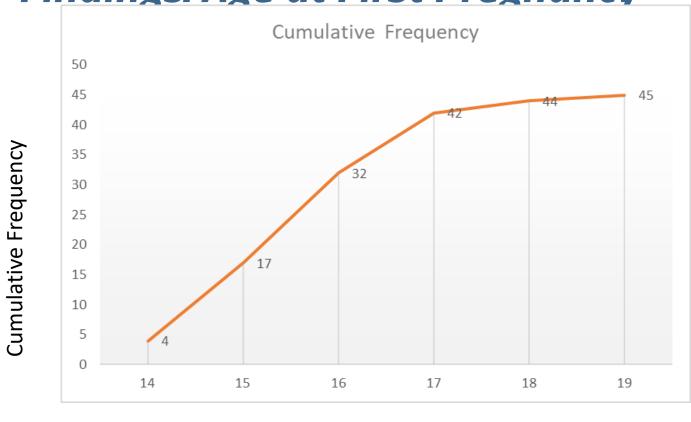
Anglophone crisis & displacement

#### The Research

- ✓ Questionnaire based
- ✓ Purposive sampling
- ✓ Sample size 45



#### Findings: Age at First Pregnancy



Age



#### Findings: Relationships

11 are married women

25 had boy friends (regular)

09 had no relationship with perpetrators



### **Findings: Consent or Coersion**

27 teens agreed to sex with their partners

18 were raped; of these 9 by boy friends and other people

These other people include neighbours (5), teacher (1), police officer (1) and unknown boys (2)



### Findings: Reasons for Consent

Of the 27 who had sex by consent,

11 were married and 16 had a regular relationship with a boy friend

Of the 11 married teens, 7 wanted to be pregnant for their husbands and 4 were not ready for pregnancy when it happened.

Of the 4 who did not want to be pregnant, 2 did not know sex will result to pregnancy and 2 wished they were not pregnant



### Findings: Reasons for Consent...

Of the 16 who had a regular relationship with a boy friend;

- ✓ None wanted to be pregnant
- √ 13 said they were either having fun or wanted to try it
- ✓ 3 had sex because of economic reasons
- √ 6 did not know sex will result to pregnancy



### Findings: Contributing Factors

- ✓ Ignorance about their sexuality
- ✓ Involvement in risky behaviour
- ✓ Unfounded confidence towards their partners
- ✓ Poor knowledge on prevention
- ✓ Exposure to surrounding circumstances



#### Preventing Teenage Pregnancy

The key to the prevention of teen pregnancy is sexuality education which is

- ✓ Age group specific
- ✓ Within safe spaces
- ✓ Sex specific
- ✓ Inclusive parents, religious leaders and traditional authorities



### Preventing Teenage Pregnancy

Because IDPs are generally out of school, they are more exposed to harassment, exploitation and exposure to risky behaviours

It is important humanitarian response programmes organise sexuality education within respective psychological support services

School based sexuality education are encouraged on a large scale



### Thank you

Merci

#### **Danke**

